

WATERFRONT FIRST AID



Thursday | April 19, 2018 | 145 Main Street | Thomaston, ME

8:30 am – 3:00 pm

\$90/person

Special thanks to our event sponsor:

Allen Insurance and Financial



- Training specific for the marine environment provided by Midcoast First Aid, LLC
- Hands-on course designed for **marina & boatyard staff, sailing programs, yacht clubs, coastal sailors, crew, and yacht racers**
- Emergency plans – communications, notifications
- A plus to have on your insurance plan
- Per OSHA regulations facilities located more than a 4-minute drive from an emergency response station are required to have trained personnel on staff

CERTIFICATIONS

American Safety and Health Institute CPR & AED, Basic First Aid

- Cold water submersion and environmental emergencies
- Head injuries and spinal cord injuries
- Recovery positions
- Bleeding Control and soft tissue injuries
- Bone injuries and splinting
- Burns
- Marine Animal bites/stings
- Medical Emergencies (including but not limited to: diabetic emergencies, stroke, seizure, shortness of breath, chest pain, allergic reaction)

ABOUT OUR INSTRUCTOR

Lindsey Pinkham is the owner of Midcoast First Aid, LLC a United States Coast Guard and American Health and Safety Institute approved training facility specializing in emergency training focused on the marine environment. She is also Northeast District Manager for Downeast Maritime Inc. a United State Coast Guard approved school

focusing on licensing and STCW training. She is a graduate of Maine Maritime Academy with a Bachelor of Science in Marine Transportation and who holds an unlimited tonnage mates license.

Lindsey is United States Coast Guard Registered Person in Charge of Medical Care, National Registry Advanced Emergency Medical Technician License, Maine State Advanced Emergency Medical Technician, Wilderness First Aid and CPR/AED and First Aid Instructor. Lindsey has worked on tugs, oil cleanup vessels and bulk carriers and has also worked as a professor at Maine Maritime Academy both in the classroom and on the annual training cruise.

MAINE MARINE TRADES ASSOCIATION
Course Registration Form: WATERFRONT FIRST AID

Please complete this form and return it with your payment, or [register online HERE](#).

Company Name: _____

Contact Name: _____

Contact Phone: _____

Contact E-mail: _____

Name(s) of Participant(s):

Tuition Amount: \$90 X No. of Participants _____ =

Lunch will be provided Total Tuition Enclosed \$ _____

REGISTRATION DEADLINE – Monday | April 16,2018

PLEASE NOTE: Please provide all requested information. Payment in full will secure your registration(s). E-mail confirmation will be sent upon receipt of completed form and payment. Please make checks payable and mail to:

Maine Marine Trades Association
PO Box 1472
Rockland, ME 04841
207.773.8725 • stacey@mainemarinetrades.com